



Automatisch verloren!

Glücksspiel geht an die Substanz
Problem Gambling Helpline: 040 23 93 44 44
www.automatisch-verloren.de

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Many people gamble. They buy lottery tickets, play casino games, bet on sports events or play online poker. Most people who gamble can do so without developing a problem – but some people can't. There are several signs of a potential gambling problem and usually an addiction is developing on long term. You want to know whether you or a friend has a problem with gambling?

Check yourself with the Lie-Bet-Screen-Test!

Have you ever felt the need to bet more and more money?

Yes

No

Have you ever had to lie to people important to you about how much you gambled?

Yes

No

“Yes” to one or both questions: Further assessment is needed, Please don't hesitate to contact the local helpline for further information or a local counselor.

If you are concerned about your gambling, or the gambling of someone you care about, contact our helpline for free and confidential help:

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Automatisch verloren is a campaign of the Hamburg authority for health and consumer protection (Behörde für Gesundheit und Verbraucherschutz) and the Hamburg Centre against addiction risks (Hamburgische Landesstelle für Suchtfragen e.V.)