Automatisch verloren!

Glücksspiel geht an die Substanz
Problem Gambling Helpline: 040 23 93 44 44
www.automatisch-verloren.de
Many people gamble. They buy lottery tickets, play casino games, bet on sports events or play online poker. Most people who gamble can do so without developing a problem – but some people can’t. There are several signs of a potential gambling problem and usually an addiction is developing on long term. You want to know whether you or a friend has a problem with gambling?

Check yourself with the Lie-Bet-Screen-Test!

Have you ever felt the need to bet more and more money?  □ Yes  □ No

Have you ever had to lie to people important to you about how much you gambled?  □ Yes  □ No

“Yes” to one or both questions: Further assessment is needed. Please don’t hesitate to contact the local helpline for further information or a local counselor.

If you are concerned about your gambling, or the gambling of someone you care about, contact our helpline for free and confidential help:

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Automatisch verloren is a campaign of the Hamburg authority for health and consumer protection (Behörde für Gesundheit und Verbraucherschutz) and the Hamburg Centre against addiction risks (Hamburgische Landesstelle für Suchtfragen e.V.)